

The chart displays wave height data and forecasts. The 'Noise' region (red) is on Dec 30. The 'Poor' region (yellow) is on Dec 31. The 'Good' region (purple) spans Jan 1 to Jan 4. The 'Very Good' region (blue) spans Jan 5 to Jan 7. The 'Excellent' region (green) spans Jan 8 to Jan 9. The wave height generally increases from Dec 30 to Jan 4, peaks in the 'Good' region, and then decreases in the 'Very Good' region before rising again in the 'Excellent' region.

